

P.E. Fun – Year Two

We would like to share the skills that we have been learning in P.E. this half term. Please talk to your child about the skills below and ask them to show you what they have learnt. You will be amazed! We would love to see your findings on tapestry.

Striking a football

We learnt how to strike a football. We found out that it's best to strike the football with your laces or the side of your foot. Can you show your skills? We thought about 'attacking' and 'defending'. We played different games to practise.



Dribbling a football

We have been practising our football skills! We have learnt how to dribble the football. We thought about how to keep the football close to our feet whilst travelling and we practised dribbling in games too.



Gymnastics

Balances

We have learnt how to perform the balances of front support, side support and back support. Can you show these? We also thought about how to make balances with large and small body parts.

Travelling

We travelled in a variety of ways e.g. galloping. We also thought about changing the speed and direction of our travelling.

Sequences

We practised linking our balances and travelling movements together to create a sequence. Can you show your sequences to your family?

